

Shadow Work & 7th House Astrology

COURSE DESCRIPTION: In this course you will learn that discovering and embracing your Shadow is a way of being in the world that will help you understand yourself and your partners, past or present. This course will explore *your unique requirements in relationships* and *how to do them, TOGETHER* using your birth chart which is the equivalent of looking at a blue print of your psyche. Our Astrology gives us details of what we will encounter when we strive to be in relationships.

By the end of this Course, you will have a thorough understanding of how your unconscious has been instrumental in choosing the relationships you attract into your life, how to dance with them harmoniously, accept your total self and live your relationships with more authenticity.

PLEASE NOTE: This is **NOT** an **ASTROLOGY COURSE** to learn Astrology. It is about having caring and conscious relationships.

TIME: WEBINAR CLASSES are held on Monday evenings and WORKSHOP CLASSES are held on Thursdays evenings weekly from 6:30 - 8:00 pm CST. ***Please be courteous and come 5-7 minutes early to get settled.***

- 1. A Thorough Understanding of The Shadow** – How it is formed and how to recognize it and why it is important to our development as human beings. Repeating patterns are our best mirrors — how and why they occur. We will go through exercises to understand and discover your hidden selves. **Process 1, Push My Buttons Worksheet**
- 2. Complex Theory** – Understanding How our Mother and Father Complexes are involved in our relationship life. The 4th and 10th house cusps as well as the Sun and the Moon in your birth chart describe our Mother and Father. The acceptance of our fate, what Nietzsche called *amor fati*. **Process 2 and Our Parents Worksheet**
- 3. Who and Why We Fall in Love** – How to remain conscious when going through that blissful, intoxicating experience. We will also have a brief introduction to the contra-sexual images in our psyche, i.e., masculine (*Anima*) and feminine (*Animus*) which are latin for soul. **Process 3-4**
- 4. Planets in Our 7th House, Venus and Shadow Work** – We will learn more about how planets in our 7th which at first are projected ultimately can be shared in an equal and balanced way. Also our particular Venus sign, house and aspects give us more detail on what we value and find beautiful, how we express affection and what we need to feel both loving and loved. **Astrology Basics, Venus by Sign and House, Rising Sign, 7th House Worksheet, Meaning of Planets When Projected, Planets - How Can We Live Them Together**
- 5. Communication Skills & More Shadow Work** – We will take a look at blame and when that is no longer appropriate and the benefits of understanding teleology. You will learn some tools to improve communication between yourself and others to create the intimacy you have longed for. **Process 5 and Communication Skills Handout**
- 6. 10 Benefits of Shadow Work and Our Mystical Marriage** – We will begin with time to ask questions of anything you want clarification on. Developing and Ego-Self axis, Individuation and the sacred marriage, what the Alchemists called the *coniunctio*, a union of opposites, our inner divinity. **Process 6, Qs & As, Closing Gold Meditation**

The Pisces Age is over. Best Friends is the Goal for the Aquarian Age.

Rebeca E. Eigen, Relationship & Marriage FIXER, Astrologer for the 7th House for 25+ years uses Jungian concepts and the Astrological birth chart to evoke the symbolic and help you become more aware of your total Self. Her in-depth study of the Shadow has given her an invaluable awareness of the role the unconscious plays in the relationships we repeatedly attract into our lives. We know from studying myth that Beauty eventually learned to love the Beast.