



RELATIONSHIPS SHADOW WORK & 7th House Astrology

Zoom Webinar or In-Person
(SW Houston) Workshop

with **Rebeca Eigen**

What People are Saying About This Course:

“THIS WAS AWESOME. I AM SO GLAD I AM HERE.” — **Ryan G**
(after 1st class!) Email sent same day: “Thank you again for all of this Rebeca. Learning about my own shadow has shed so much insight into why/how/when I get triggered by things my partner does and where it all comes from.”

“This is a great course for anyone. Highly recommended for those who question their own wholeness. Rebeca is a great teacher who walks you through those questions your spirit calls you to look at but, being human, we often resist.” — **Susan D**

For ever I will be grateful for Aude, Ryan, Lily and You. Definitely God connected all of us at his Divine time to do something really special in my life. Found myself and most importantly found God. Life has been a beautiful Journey ever since. Thank you Rebeca and may God Bless you Always.

— **Pavel V**

shadowdance.com/scheduled-events
281.799.2900

REGISTER NOW! \$199. per person

SIX WEEKS - 6:30 - 8:00 PM CST

In-Person Workshop Begins
Wednesday, April 2, 2025

Zoom Webinar begins
Monday, April 7, 2025



Houston In-Person
(Limited to 8)
Zoom (Limited to 10)
Pay with Zelle, Venmo,
Cash App, Paypal, on
my web site or call
with Credit Card

WE ALL HAVE REPEATING PATTERNS. Real change begins with radical self awareness. When you meet your Shadow, you can reclaim your power.

What You Will Learn:

- Face and integrate your Shadow self using Jungian psychology
- Understand projections that occur in relationships
- Explore relationship dynamics through your specific Astrology chart
- Recognize repeating emotional patterns and heal them
- Develop communication skills for deeper conscious connections
- Deepen your connection to the divine within you

If creating more conscious relationships and self-knowledge are a priority in your life, then you owe it to yourself to understand your unconscious self. This course will give you valuable *self-knowledge to apply to your everyday experiences* whether it's with a partner, a sibling, a friend, a boss or co-worker *and even your parents and children.*

Who is this course for?

- You're tired of relationship patterns repeating
- You're curious about how astrology reflects your inner world
- You're done therapy but still feel stuck
- You're ready to do deep personal growth work

As Carl Jung famously said, “Until we make the unconscious conscious, it will direct our lives, and we will call it fate.”

***You DO NOT have to know any Astrology to take this course.**

(Time, date and place is required for Week 4)

Extensive handouts will be provided. *Course description for the six weeks can be found at: shadowdance.com/course-description.*

Rebeca Eigen - Astrologer for the 7th House and author of *The Shadow Dance & the Astrological 7th House Workbook* for 25+ years uses Jungian concepts and the Astrological birth chart to evoke the symbolic and help you become more aware of the role the unconscious plays in your relationships.



Rebeca is also available for Consultations and Private One-on-One Coaching or Group Workshops at your office or home.

E. rebecae@shadowdance.com



Shadow Work becomes a way of being in the world that can liberate you if you feel puzzled at endlessly repeating patterns or difficult circumstances that you find yourself in that you know you want more insight — *whether with a partner, a sibling, a friend, a co-worker or even a parent or child!*

All relationships improve knowing how to do Shadow Work with the added benefit of your Astrology when the two people involved are committed to creating consciousness and pursuing spiritual growth — *together.*

All the best,

Re

Your birth date, time and place are required for Week 4.

To register call or go to:

shadowdance.com

281.799.2900

“I’m going to stop going to my therapist. It doesn’t pay anymore to go to a therapist as this is all I need. I am doing more here than I am there. Honestly, I’m putting a pen to the paper and I am reading and learning. I am so glad I am doing this.”

— **Krysta E**

“This is the 2nd time I take your course and I really appreciate what you are teaching. It has been great for me because I was ready to learn new ways of thinking. “It’s been really interesting in my car ride home, after these classes. Depending on where you’re at in wanting to be honest with yourself, that’s another layer to the work as well.”

— **Vanessa D**

“I had no idea when I signed up for the Meetup, that this is what it was going to be. It’s been like so impactful to me. Again, because when you don’t know, you don’t know and the Universe brought me to you. The information I am gathering I’ll be able to share with other people.” — **Carlotta F**

QUOTES on Shadow Work by Carl Jung

“The psychological rule says that when an inner situation is not made conscious, it happens outside as fate. That is to say, when the individual remains undivided and does not become conscious of his inner opposite, the world must perforce act out the conflict and be torn into opposing halves.” — **Carl Jung**, CW9: AION: Researches into the Phenomenology of the Self: PAR 126

“The Shadow is a moral problem that challenges the whole ego-personality, for no one can become conscious of the shadow without considerable moral effort. To become conscious of it involves recognizing the dark aspects of the personality as present and real. This act is the essential condition for any kind of self-knowledge, and it therefore, as a rule, meets with considerable resistance. Indeed, self-knowledge as a psychotherapeutic measure frequently requires much painstaking work extending over a long period of time.”

— **Carl Jung**, CW9: AION: Researches into the Phenomenology of the Self: PAR 14

“Filling the conscious mind with ideal conceptions is a characteristic of Western theosophy, but not the confrontation with the Shadow and the world of darkness. One does not become enlightened by imagining figures of light, but by making the darkness conscious. The latter procedure, however, is disagreeable and therefore not popular.”

— **Carl Jung**, CW13: Alchemical Studies: PAR 335

“Tears, sorrow, and disappointment are bitter, but wisdom is the comforter in all psychic suffering. Indeed, bitterness and wisdom form a pair of alternatives: where there is bitterness wisdom is lacking, and where wisdom is there can be no bitterness.”

— **Carl Jung**, CW20: Mysterium Coniunctionis: PAR 330

“To confront a person with his shadow is to show him his own light. Once one has experienced a few times what it is like to stand judgmentally between the opposites, one begins to understand what is meant by the Self. Anyone who perceives his shadow and his light simultaneously sees himself from two sides and thus gets in the middle.” — **Carl Jung**, CW10: Civilization in Transition: PAR 330